

ILAHA GURYEYNTA DEGDEGA AH



Ma waxaad tahay guri la'aan?



Wac Khadka Caawinta Khalalasha e United Way at 2-1-1.
Adeegga Bulshada ee Metro kadoono 800 2nd Ave. N
Nashville, TN 37210 or call (615) 862-6432.

Qoysaska Caruurta Leh

Gelida Isku-dubbaridka Adeegyada Bulshada ee Metro

(615) 862-6444

U-diritaannada **Hoyga Qoyska ee Salvation Army** iyo **Hoyga Qoyska ee Badbaadada leh**
Waxa laga yaabaa in uu bixiyo ilaa \$1,000
xagga **kharashka guuritaanka**

Shakhsiyaadka

Hawlgalka Badbaadinta ee Nashville

639 Lafayette Street, Nashville, TN 37203
(615) 312-1574

Qolka Hudheelka

705 Drexel St, Nashville, TN 37203
(615) 251-9791 or **email**
info@roomintheinn.org

Baarista shaqsiyaadka Waxay
bilaabmeysa arbacada 9:30am ilaa 11am

Wixii Cimilada Qabowga ah

Hoyga Cimilada Qabowga wuxuu furmaa
marka heerkulku gaaro 32 darajo ama ka
hoose **saddex saacadood**.



3230 Brick Church Pike

Xayawaanka rabaayada ah wa laga ogolyahy!

WeGo waxay bixisaa shixnadaha gaboodka ee hoyga
Nashville oo dhan, ama raac khadka baska #23B.

Si aad u hesho macluumaadka iyo digniinaha marka
hoyga lafuro, qoraal u dir "**Nashvillewinter**" 84483
ama wac (615) 862-6391

Dadka Ka Cararay Rabshadaha Guriga

Xarunta Mary Parrish

| (615) 955-0620

YWCA 24/7 Crisis Line

| 1-800-334-4628
| or TEXT (615) 983-5170

Khadka Dhibaataada Morning Star Sanctuary 24/7

| (615) 860-0003

Si aad u hesho ilo guri oo waqti gaaban ah, la xiriir Open Table Nashville.

Qoral u dir (615) 415-0141 ama iimayl info@opentablenashville.org

Ku Xidhnow Adeegyada Taageerada

Rugta
Caafimaadka
Xaafada

(615) 227-3000

Soo kabashada
Qabatinka Xarunta
Park iyo Adeegyada
Caafimaadka Maskaxda

(629) 204-5898

Iskaashatada
Caafimaadka
Maskaxda

(615) 726-0125

Goynta Labaad
Raadiyaha Bangiga Cuntada

[www.secondharvestmidtn.org/
get-help](http://www.secondharvestmidtn.org/get-help)



(833) 837-HOME



SOMALI - Emergency Resources

(615) 701-7957



(615) 988-6460



Macluumaadkan waxaa loogu talagalay oo keliya Degmada Davidson. Macluumaadka halkan lagu bixiyay maaha oo looguma talagelin inay ka dhigaan talo sharci. Haddii aad qabto dhibaato sharci, fadlan wac qareen gaar ah ama wac Ururka Gargaarka Sharciga ee deegaankaaga ee Middle Tennessee iyo xafiiska Cumberland 1-800-238-1445 ama Ururka Nashfiil Hisbaanik Bar 1-615-701-7957. Dib loo eegay 5/24.