

15 Signs Someone Might Be Dangerous.

- 1. Wants to get involved quickly:** Right away, wants you to promise to only ever be with them.
- 2. Jealous:** Wants to make sure you aren't with anyone else; calls you all the time or shows up without telling you he or she is coming.
- 3. Tries to control you:** Wants to know who you talked to or where you were.
- 4. Expects you to be perfect:** Expects you to predict and meet all of their needs.
- 5. Cuts you off from others:** Doesn't let you see or contact family or friends.
- 6. Stops you from caring for yourself:** Won't let you get enough food or sleep.
- 7. Blames you or others for his or her problems:** Assigns fault to other people.
- 8. Blames you for their feelings.**

9. Sudden and severe mood swings: Gets upset easily or about things that are just part of life.

10. Hurts animals or children: Kills or violently punishes animals.

11. Uses force or coercion during sex: Forces you to have sex; Refuses to use contraceptions against your will.

12. Says things to hurt you: Always criticizes you or says cruel things.

13. Thinks you should obey him or her: Wants you to serve, obey, and stay home.

14. Has hit former partners.

15. Threatens to hurt you.

If any of these apply to your situation, it might be time to get help. Call 1-800-1443 or visit LAS.org. If your are in danger, call 911.

